

The Secret Fountain of Youth Discovered

*Is it a Legend?
Or is it a Biological System to Rejuvenate?*

By: Dame Ysatis De Saint-Simone

It's good practice to research a subject before accepting or rejecting it. When I started researching rejuvenation, aging was accepted as '*natural*'. It's true that aging is an inbuilt mechanism in every organism in nature, however, now scientists know that human aging is not set according to a fixed biological clock, but it is fluid and indeed influenced by consciousness.

As a child, I observed a marked difference amongst adults of the same age; some didn't look as old as others. That intrigued me. . . Especially when I looked at Marlene Dietrich, she seemed ageless, always beautiful. I could say that she was the '*magnet that attracted my attention to rejuvenation*'. Being a questioning child, I asked, "*Why is this so?*" My father's answer was quite satisfactory to me: "*Isn't that curious?*" he said, "*What is it that makes some people stay young and others age? It makes you wonder doesn't it? Maybe aging is interwoven with our state of mind? In Eastern philosophy all nature is intelligent and an expression of consciousness. Modern science has found that the world is made up of energy, and that energy is nothing other than intelligence. Could it be then, that our thoughts create our reality?*"

You know that in the 16th Century, two of our ancestors were sent by the King of Spain to help Ponce de Leon find the Fountain of Youth. When they failed to find it, the Fountain of Youth became just a Legend. . .

But, was it a Legend, or were they looking for it in the wrong place? Maybe they should have looked within. . .”

“What does that mean?”, I asked, and he answered, “Maybe one day you will find the Magic Spring yourself and know what that means. This is not a question that can be answered with just words, for it is an experiential answer. That’s why your uncle, Antoine De Saint-Exupery wrote ‘Le Petit Prince’ and ‘Le Sens de la Vie’, but you are doing well. . . Keep asking questions, follow the signs. . . I’m sure that one day you’ll know.”

That stayed imprinted in my mind.

Later on in my life, when I found it, I realized why my Father’s answer was the only one that can be given - because this Fountain is not a Legend, but springs up from a real experience. Now, there are research centers around the world with scientists hunting for the secrets of rejuvenation, but are they falling into the same trap that Ponce de Leon and my ancestors did? Not all of them are. One study showed that people watching Mother Teresa’s loving care for sick children experienced a heightened immune response. The film ‘*What the *#*\$@!& Do We Know*’ introduces a few scientists explaining Quantum science mind and its effect on reality. One experiment corroborating that water is affected by consciousness is that of Dr. Emoto with water crystals, which is extremely important to us

because we humans are 70% water. Knowing that there is a way to reverse the process why not ask, “*What can I do today to make myself feel and look younger?*”

Then, do something about it and take steps to find the Fountain of Youth. . . Follow the signs; inform yourself of the latest scientific findings. . . My method offered to you in the **Natural Rejuvenation DVD** is based on these and it is a Treasure. The latest scientific discoveries on the subject of Rejuvenation support it and are fascinating and exciting and will indeed help anyone who is honestly searching to find a way to reverse the aging process and faithfully practices it.

